

Far Infrared Heating Pad (FIR Pad)



What is Far Infrared Technology

- Far infrared is part of the electromagnetic spectrum just below red light rays and is the safest rays for humans
- It is not visible to the human eye but can be seen using special cameras
- We can feel this type of light because our body perceives them as a gentle, comfortable type of heat.
- It is like the sun which produces most of its energy in the infrared segment of the spectrum

Scientists and physicians from every corner of the planet are studying specific light wavelengths, including Far Infrared. They have discovered that the warming effects of far infrared rays can stimulate your metabolism and improve your blood circulation. These rays can also promote the elimination of toxic substances associated with aging and fatigue such as heavy metals, lactic acid and uric acid, which can cause pain and inflammation in the body. FIR also increases the body's energy reserve and increases the body tissue's regenerative ability, therefore assisting the body in achieving an improved state of health.

The Far Infrared Heating Pad

- It is approximately 18" Wide by 28" and is pictured above with its own carrying bag.
- It utilizes the principles and technology of far infrared to gently warm and soothe tired aching muscles, and has been scientifically proven to expand capillaries which assist in increased blood flow and circulation.
- New technology allowing it to generate high temperatures (up to 131 degrees F) with a high-tech, high-density galvanothermy carbon wire.

The FIR PAD is suitable for those suffering from all types of physical aches and pains. The FIR PAD is ideal for temporary relief of pain caused by poor posture in the office, athletes suffering from sports injuries and laborers. The FIR Pad is also soft and flexible conforming to any part of the body and is easy to use! It ranges in temperature from 113 to 131 degrees Fahrenheit.

Suggested Use

- For deep heating, use the FIR Pad at 131 degrees Fahrenheit. This allows for deeper heat penetration, promoting proper blood circulation and accelerates the healing process.
- For providing warmth, temporary pain relief and enhanced circulation to your joints or areas of soreness use the FIR Pad at 113 degrees.

It is best to use the FIR Pad for at least 30 minutes per day on problem areas. *Research done using Far Infrared Therapy have found that using a product emitting far infrared rays for 20-30 minutes per day on a painful area for 3 days in a row should help reduce discomfort.*

